

VALLEY 5000

VALLEY 5000 AWARDS

Timing and Scoring by Runlimited Results on www.footoftherockies.com

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FEMALE OVERALL - TOP 1

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Place No.	Name	Age	Sex	Time	Pace
1	2829 Karina Ernst	17	F	18:28	5:57

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MALE OVERALL - TOP 1

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Place No.	Name	Age	Sex	Time	Pace
1	4083 Gus Waneka	13	M	16:18	5:15

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FEMALE MASTER OVERALL - Age 40 - 99 (TOP 1)

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Place No.	Name	Age	Sex	Time	Pace
1	2828 Ingrid McMillan Ernst	47	F	23:56	7:43

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MALE MASTER OVERALL - Age 40 - 99 (TOP 1)

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Place No.	Name	Age	Sex	Time	Pace
1	4078 Raul Carrizalez	50	M	18:05	5:50

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FEMALE AGE GROUP 1 - 07 (Top 3)

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Place No.	Name	Age	Sex	Time	Pace
1	2893 Emma Deason	6	F	30:06	9:42
2	4119 Maggie Chase	5	F	46:49	15:05

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MALE AGE GROUP 1 - 07 (Top 3)

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Place No.	Name	Age	Sex	Time	Pace
1	3903 Holden Wierema	7	M	34:21	11:04
2	3978 Luc Gow	6	M	34:29	11:06
3	4050 Jarett Cabrera	6	M	36:42	11:49

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FEMALE AGE GROUP 8 - 11 (Top 3)

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Place No.	Name	Age	Sex	Time	Pace
1	3919 Deeann Papineau	11	F	28:00	9:01
2	3926 Heather Stratton	11	F	29:56	9:39
3	4086 Madeline Lehnherr	11	F	30:35	9:51

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MALE AGE GROUP 8 - 11 (Top 3)

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Place No.	Name	Age	Sex	Time	Pace
1	3976 Logan Simington	11	M	19:54	6:25
2	2878 Borgen Quale	10	M	21:43	7:00
3	3985 Derek McCormick	11	M	22:54	7:23

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FEMALE AGE GROUP 12 - 15 (Top 3)

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Place No.	Name	Age	Sex	Time	Pace
1	2560 Hayley Berg	15	F	20:54	6:44
2	4074 Megan Irvine	14	F	21:27	6:55
3	2832 Katy East	15	F	21:28	6:55

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MALE AGE GROUP 12 - 15 (Top 3)

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Place No.	Name	Age	Sex	Time	Pace
1	3975 Kaleb Simington	15	M	17:50	5:45
2	4075 Patrick Obrien	15	M	19:01	6:08
3	2598 Joey Castaneda	15	M	20:45	6:41

FEMALE AGE GROUP 16 - 19 (Top 3)

Place No.	Name	Age	Sex	Time	Pace
1	4069 Kailie Hartman	16	F	19:51	6:24
2	2597 Lauren Anderson	16	F	19:57	6:26
3	2599 Natalie Howard	17	F	20:57	6:45

MALE AGE GROUP 16 - 19 (Top 3)

Place No.	Name	Age	Sex	Time	Pace
1	4027 Daniel Lara	16	M	16:28	5:18
2	4091 Cory Tanton	17	M	17:11	5:32
3	3956 Kevin Baldwin	18	M	17:19	5:35

FEMALE AGE GROUP 20 - 29 (Top 3)

Place No.	Name	Age	Sex	Time	Pace
1	3960 Abby Depperschmidt	27	F	19:01	6:08
2	4099 Christina Hogue	27	F	20:26	6:35
3	4057 Paula Hogue	25	F	20:27	6:35

MALE AGE GROUP 20 - 29 (Top 3)

Place No.	Name	Age	Sex	Time	Pace
1	4068 Jordan Tucker	24	M	17:07	5:31
2	3961 Craig Depperschmidt	27	M	17:27	5:37
3	2820 Michael McKenna	27	M	17:41	5:42

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FEMALE AGE GROUP 30 - 39 (Top 3)

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Place No.	Name	Age	Sex	Time	Pace
1	4034 Laura Wheatley	34	F	21:02	6:47
2	3945 Chris Vick	37	F	23:15	7:29
3	4087 Karen Lehnherr	35	F	25:21	8:10

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MALE AGE GROUP 30 - 39 (Top 3)

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Place No.	Name	Age	Sex	Time	Pace
1	4206 Daniel Goding	34	M	16:21	5:16
2	4093 Steve Saleeby	36	M	17:12	5:33
3	2824 Jeff Grotenhuis	39	M	21:58	7:04

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FEMALE AGE GROUP 40 - 49 (Top 3)

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Place No.	Name	Age	Sex	Time	Pace
1	3929 Kari Kaufman	48	F	26:04	8:24
2	3962 Sandra Warner	44	F	26:40	8:35
3	2572 Mary Tompkin	41	F	27:24	8:49

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MALE AGE GROUP 40 - 49 (Top 3)

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Place No.	Name	Age	Sex	Time	Pace
1	4011 Arnie Salazar	43	M	19:33	6:18
2	2852 Chris Forte	46	M	21:16	6:51
3	4168 Jim Cheatham	41	M	21:21	6:53

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FEMALE AGE GROUP 50 - 59 (Top 3)

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Place No.	Name	Age	Sex	Time	Pace
1	3999 Debbie Buehler	52	F	24:23	7:51
2	2890 Jennifer Cecil	50	F	24:53	8:01
3	4062 Janette McCahan	54	F	26:22	8:30

MALE AGE GROUP 50 - 59 (Top 3)

Place No.	Name	Age	Sex	Time	Pace
1	3959 Tim Jones	50	M	19:16	6:13
2	4094 Andrew Howard	50	M	21:01	6:46
3	2897 Richard Mayhew	52	M	21:24	6:54

FEMALE AGE GROUP 60 - 69 (Top 3)

Place No.	Name	Age	Sex	Time	Pace
1	2584 Beverly Pedersen	63	F	31:32	10:09
2	2574 Jen Marcotte	63	F	32:01	10:19
3	4022 Cheryl McDonald-Pugh	60	F	33:35	10:49

MALE AGE GROUP 60 - 69 (Top 3)

Place No.	Name	Age	Sex	Time	Pace
1	4095 Ralph Lucero	68	M	25:52	8:20
2	2818 Chuck Reynolds	66	M	26:34	8:33
3	3934 Kim Gottschalk	64	M	26:50	8:39

FEMALE AGE GROUP 70 - 98 (Top 3)

Place No.	Name	Age	Sex	Time	Pace
1	2864 Nancy Delap	71	F	37:22	12:02

MALE AGE GROUP 70 - 98 (Top 3)

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Place	No.	Name	Age	Sex	Time	Pace
1	2870	Jon Sonstroem	73	M	27:46	8:57
2	2865	Gerald Delap	74	M	34:37	11:09
3	3906	Larry Schoon	71	M	35:06	11:18